

January 2009

## Making College A Safe Experience (Part 2)

Once you have learned how to watch for dangerous situations, and work together with others to help avoid crime, the next step is to be ready- just in case you are subjected to a crime.

### Don't Be A Victim

You may find yourself in a situation in which someone is trying to steal from you, take advantage of you, or even commit a sexual assault against you. In these instances you knowing how you can protect yourself can make a big difference.

### Self Defense Techniques

Learn how to provide your own defense by taking a Martial Arts Class. Even a very basic self-defense course will teach you some vital information that can be useful if you are attacked. Techniques such as the palm strike or groin kick allow you to hurt your assailant and get away. Investigate several classes or courses to find out which one is right for you.

There are several courses available that can teach you even basic moves in a single session.

Many colleges offer courses like these. One big reason you may find it worth your while to take a class that will help you learn how to fight back as the benefit of these sorts of classes is they will give you more confidence and self-assurance. When you feel confident in yourself, it shows. This alone may help to deter a predator from choosing you.

There are things to do even if you haven't had any sort of "formal" training as well. If you are attacked, use anything you can as a weapon. If you do not have something like pepper spray or a stun device you can get to, pick up a large rock, a glass bottle or whatever is accessible that you can use against your assailant. Using an item as a weapon can temporarily halt the attacker, and give you time to get away. Try as best you can to keep as clear a head as possible during an assault, and always look for an escape route.

### Know When To Back Down

That said, and while it can be helpful to learn martial arts and be ready to fight back, sometimes it is necessary to stand down and do what the criminal is telling you. They may have a gun, knife or other dangerous weapon. If so, the best thing you can do is cooperate. Give a mugger your wallet or other valuables, or let a thief take your purse if they are armed. It is better to lose your possessions than to risk great harm or even death. Even if you are uncertain if an assailant has a weapon, if there is a possibility, then your best bet may very well be to play it safe.

If you have been robbed or assaulted, seek help immediately. Contact security and the police, and get medical attention if you have been hurt. Cooperate with the police. Do your best to give a description. Remember- someone has done this to you, they very well might do it to someone else.

## Dumb Crooks

### Double Trouble: "DUI Duo" is pick for January's Stupid Criminal

Every guy knows about the "wingman" tactic. You sacrifice yourself for the good of your buddy. Unfortunately, it only works if it helps your buddy and doesn't get you in hot water in the process. Two guys got cited for driving under the influence and they were in the same car, according to the Associated Press. You're probably

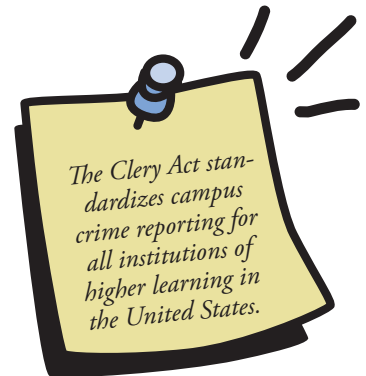
asking yourself how such a thing is possible. It sounds just as crazy as a guy getting convicted of corruption charges and then get elected to the Senate. A trooper stops a car and pulls the driver out to conduct a field sobriety test. Then the driver's buddy gets behind the wheel and tries to flee the scene, apparently hoping the original driver would forget the make and model

of his car along with his entire identity. The *same* police officer pulls the *same* car over again, conducts another field sobriety test and *both* drunks get busted for DUI.

Maybe they can save on court costs and have one trial with the same lawyer!

## Public Safety Statistics

Incidents	Totals	
	Nov 2008	Nov 2007
Arrests	13	22
Assault, Aggravated	0	0
Alcohol violation	7	58
Battery, physical fight	0	5
Burglary, residence or office	2	0
Burglary, auto	0	7
Call for services	495	423
Forcible sex - Rape	0	0
Forcible sex - Date Rape	0	0
Forcible sex - Forcible Fondling	0	1
Motor vehicle theft	0	1
Narcotic possession	1	5
Report taken	77	84
Felony	6	23
Misdemeanor	32	18
Incident	39	43
Robbery, weapon	0	0
Theft, grand over \$400.00	1	5
Theft, petty under \$400.00	14	6
Warrant arrest	8	8
Weapon violation	0	0



## Comings and Goings

### Where Did She Go ?

Administrative Coordinator Cathy Bialek retired in January after serving Pacific for over 22 years. Cathy will not be one of those stay-at-home retirees however... she has purchased a business, Scrapbook Dreams, which sells supplies for avid scrapbookers. Scrapbook Dreams is at 1217 W March Lane (in the College Square Shopping Center). Cathy welcomes all visitors, especially if they speak scrapbook! Her web site is [www.myscrapbookdreams.com](http://www.myscrapbookdreams.com).

### Moving On Up !

Blake Cary was promoted to replace Cathy Bialek as the department's Administrative Coordinator. Blake has been with the department since 1994.

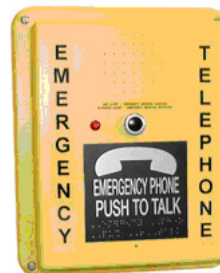


Public Safety has hired Officer Michael Caton to replace John Alfred, who was promoted to the rank of sergeant in November. Mike has previous experience with the Stockton Police Department. Mike is currently assigned to the evening shift.

## Dispatch

### Did You Know ?

Many police departments have different people on the phone and radio. At Pacific, the call-taker and dispatcher are the same person, which means that emergencies are dispatched faster.



### Pacific Students Don't Cry Wolf!

We are happy to report a very low false alarm rate for the new residence hall emergency phones.

This shows responsibility and maturity on the part of the students of Pacific. Public Safety thanks you!

Department of Public Safety  
Lower Level - Cowell Wellness Center  
946-2537 Business  
946-3911 Emergency